

Southgate Medallion Tribute

Welcome to November newsletter for our Educators.

November 2020
Volume 40, Issue 11



Southgate Medallion
Family Day Homes
Excellence in Child Care & Early Learning

Self Assessment

It's that time of year again. Educators will be working on their self assessments and setting goals for 2021.

Please fill out the self assessment and submit it to your consultant by
Dec 15, 2020.

While setting up your goals remember **SMART**— SPECIFIC, MEASURABLE, ATTAIBALE, REALISTIC AND TIMELINE.

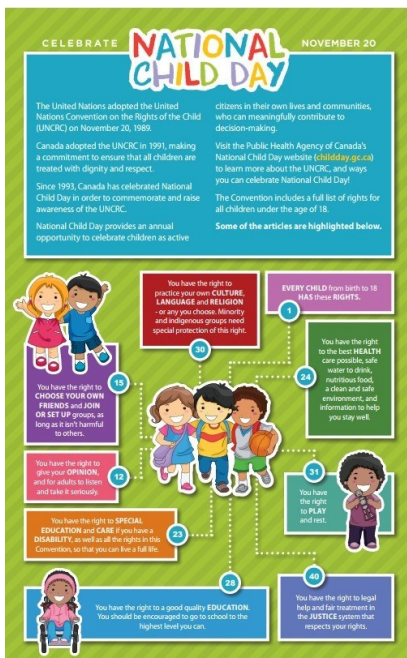


CORE TRAINING

NO CORE TRAINING THIS MONTH

National Child Day

9425 76ave NW
T6C 0J8



November 20 is National Child Day in Canada. It's a time to celebrate our country's commitment to upholding the rights of children.

Did you know: There are 4 groups of right of children which come from the United Nations Convention on the Rights of the Child. They are:

- ⇒ Survival rights
- ⇒ Developmental rights
- ⇒ Production rights
- ⇒ Participation rights

For more information on children's day visit:

<https://www.canada.ca/en/public-health/services/health-promotion/childhood-adolescence/national-child-day.html>

Share your activities you planned for children's day with your consultant and we will share them in the newsletter.

Office Closure

November 11th 2020

Remembrance Day

Please click and Follow our Social Media:



Please Click for more information about Flight Framework

Reminder of the Attendance Records– Email

Please email your completed attendance records to your consultant once the last child has left on

MONDAY, November 30, 2020

Please ensure **all information is complete, accurate, and clear.**
Late/incomplete fees will apply.

Holiday Season (December)

As holiday season is coming, it is a good time to communicate with families about their holiday plans for December. Educators can plan accordingly. You can start a holiday calendar and share it with fami-

Diane's Corner

> Our licensing officer, Colleen Wettlaufer made five day home visits. I would like to thank the Educators for participating in the visit and following the Day Home Standards.

> Educators will be receiving additional funding from the federal government for the support of the health and safety procedures during the COVID pandemic. This funding will be released within the month of November 2020.

> Dr. Deena Hinshaw announced on October 30, 2020 the following:

If a child has **ANY of the following core symptoms** (cough, fever, shortness of breathe and loss of taste or smell—they are to isolate for 10 days OR a negative COVID test result and feel better before returning.

If a child has **ONE** of the following symptoms—chills, sore throat or painful swallowing, runny nose or congestion, feeling unwell or fatigue, nausea, vomiting, diarrhea, unexplained loss of appetite, muscle or joint aches, headache, conjunctivitis (pink eye) - they should stay home and monitor symptoms for 24 hrs. If symptoms are improving after 24 hrs and they feel well enough, the child can return. Testing is not recommended.

If the symptom worsens after 24 hrs (or additional symptoms appear), they are to continue to stay home and testing is recommended but not required. The child can return when their symptoms have resolved AND it has been 24 hrs or more since their symptoms started.

If the child has any **TWO** of the following— chills, sore throat or painful swallowing, runny nose or congestion, feeling unwell or fatigue, nausea, vomiting, diarrhea, unexplained loss of appetite, muscle or joint aches, headache, conjunctivitis (pink eye) - they should stay home, testing is recommended but not required. The child can return when their symptoms have resolved AND it has been 24 hrs or more since their symptoms started.

Sickness Reporting/Tracking

If the child went home or is staying home due to fever, diarrhea, vomiting, pink eye etc. it must be reported to the Agency.

Record the illness on the Illness Tracking Form. Please email or call your Consultant to report the sickness.

If you have any questions please contact your Consultant.

All Illness Tracking Forms and Temperature Tracking forms are to be sent with your Timesheet on the

Documentation—contest

Thank you to all the participants for sending your documentation for the contest. The winners for different categories are as follows:

Photo documentation:

- Lana Bradshaw
- Luoya yang
- Prabha Roy

Documentation panels

- Thiroscha Bandaranayake
- Harjinder Sandhu
- Shirley Paulson

Learning stories

- Kamani Badugoda Hewage
- Girija Prakash
- Fehmida Popatia

Participants:

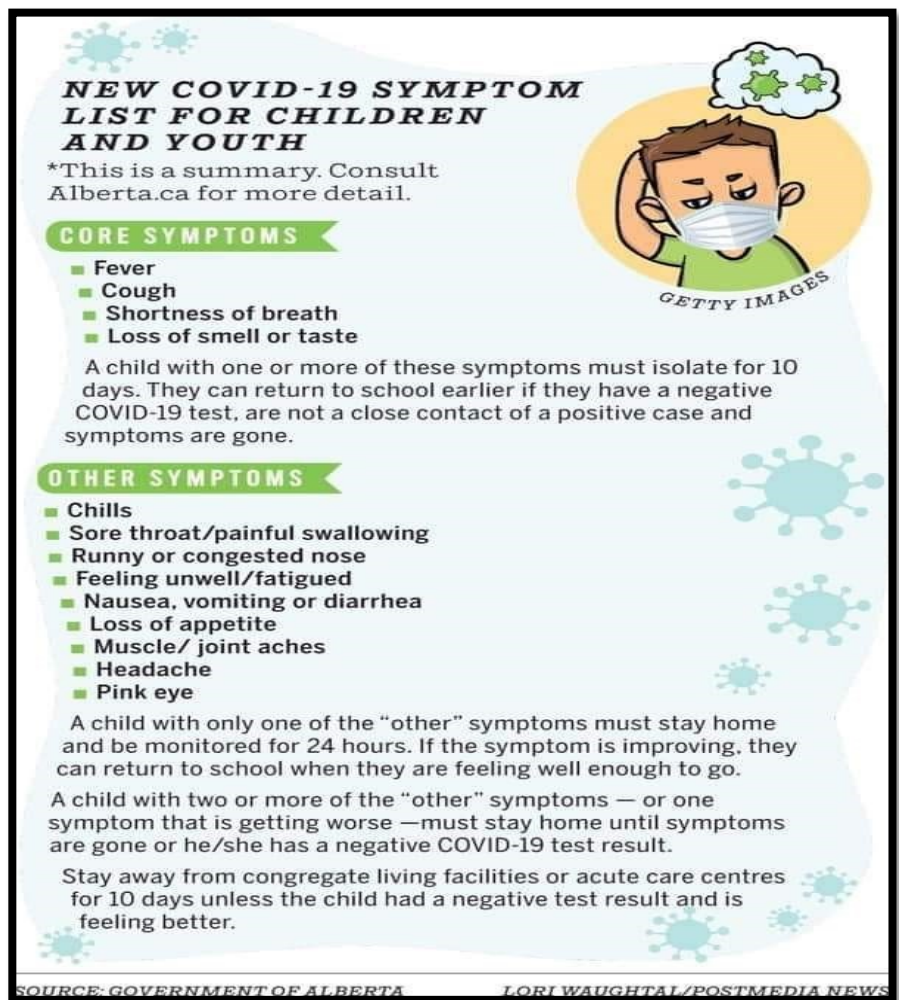
- Nafisa Jivanjee
- Joanne Berlon
- Generosa Mamon
- Lindy Li
- Shoeleh Karimijahromi

- Nirmala Patel
- Niranjala Induruwe
- Thilaga Boopathi
- Cherr Bitangcol
- Imelda Ciano
- Tonia Browell

- Saba Qureshi
- Sharon Jung
- Kaimin Ju
- Chitra Bohara
- Nadia Merchant

Update from AHS

Alberta Health Services have changed the symptom list for the COVID—19. Refer to the list in the picture. If you have any questions, please contact your consultant.



NEW COVID-19 SYMPTOM LIST FOR CHILDREN AND YOUTH

*This is a summary. Consult Alberta.ca for more detail.

CORE SYMPTOMS

- Fever
- Cough
- Shortness of breath
- Loss of smell or taste

A child with one or more of these symptoms must isolate for 10 days. They can return to school earlier if they have a negative COVID-19 test, are not a close contact of a positive case and symptoms are gone.

OTHER SYMPTOMS

- Chills
- Sore throat/painful swallowing
- Runny or congested nose
- Feeling unwell/fatigued
- Nausea, vomiting or diarrhea
- Loss of appetite
- Muscle/ joint aches
- Headache
- Pink eye

A child with only one of the "other" symptoms must stay home and be monitored for 24 hours. If the symptom is improving, they can return to school when they are feeling well enough to go.

A child with two or more of the "other" symptoms — or one symptom that is getting worse — must stay home until symptoms are gone or he/she has a negative COVID-19 test result.

Stay away from congregate living facilities or acute care centres for 10 days unless the child had a negative test result and is feeling better.

SOURCE: GOVERNMENT OF ALBERTA LORI WAUGHTAL/POSTMEDIA NEWS

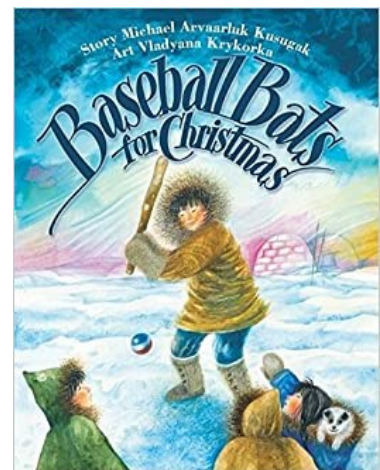
Winter Activities

Winter is a great time to get outside and explore the wonders of snow, slush, ice and nature. Here are some activities to try this winter season.

- ◇ Use a muffin tin to create ice ornaments.
- ◇ Winter Sensory Bottles
- ◇ Nature Walk to collect materials
- ◇ Sledding with parent permission and helmets.
- ◇ Try Maple Syrup and roll in clean snow for a winter treat
- ◇ Paint the snow with spray bottles and brushes.
- ◇ Used tires to make your own tracks in the snow.
- ◇ Frozen bubbles or slush sensory bags for the outdoors.
- ◇ Bring snow inside
- ◇ Winterize a mud kitchen

With diversity in the dayhomes this can be a time to explore how other cultures view Winter and Northern Lights

- ◇ “Baseball bats for Christmas”
- ◇ “Aurora A Tale of the northern lights”

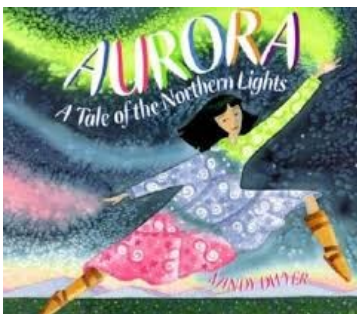


Just a few reminders as you go on adventures outside.

Go outside as much as possible weather permitting. It is a great way to get fresh air.

Utilize proper winter clothing. Snow pants, Snow Jackets, Hats, Mittens, Gloves. Be prepared for Anything.

Check the windchill factor. Agency policy is -20°C and -15°C for Infants to go outside.



References:

<https://littlebinsforlittlehands.com/outdoor-winter-solstice-ice-ornaments/>

<https://www.therealisticmama.com/14-fun-winter-activities-kids/>

<http://www.michaelkusugak.com/the-stories/northern-lights>

Your Best Practices



Rekha's activity:

Activity:- Use plastic disposable bowl

Learn:- own imagination, color of the item, shape, texture and counting.

2.5year old child said "Aunty it's black" "I can break it 4 year old add on it because it's not glass.

4 year old was making tower. He counts the bowls and 2 other 2.5year old kids repeats count with him till 20.



Generosa did a Expectations Vs. Reality leaf craft.

She offered children with materials required and let the children explore. She saw the difference between the expectation of art from children and what children actually did with material.

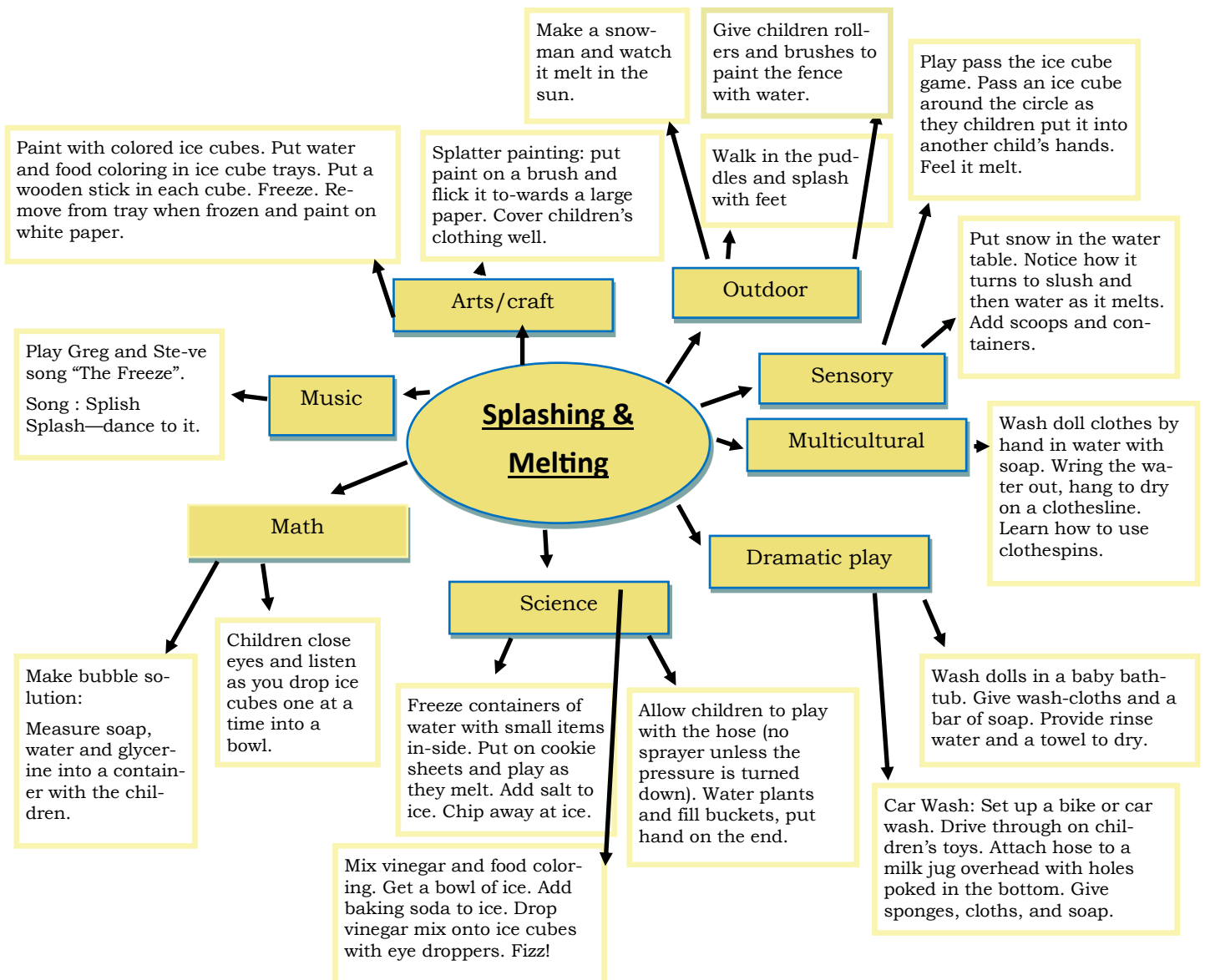


Note: All Educators are welcome to submit children's experiences in the day home. Please include a written description. Thank you

Flow Chart

Include children's interests on your flowchart: A child lined up the shoes at the door by putting them from smallest to largest.

Always date you planning and post it for visitors and parents.



BOOKS:

Language and Literacy: freeze, melt, splash, wet/dry, soapy, bubbles, rinse, wash, squeeze, splatter, mix, cold, slippery.

Splish, Splash, Splosh by David Melling

Splish, Splash: A Book About Rain by Sherman Josepha

The Snowy Day by Ezra Jack Keats

Muddle Puddle by Robert Munsch

References:

Pinterest.com

Loose Parts 2: Inspiring Play with Infants and Toddlers

Epl.ca