

Southgate Medallion Tribute
We would like to wish all our Educators a
Happy New Year

January 2020
Volume 39, Issue 1



Accreditation Goals

Your consultant has been completing an accreditation workbook to collect evidence of your practice. As this is an accreditation year your consultant and yourself will be setting short, mid and long term goals. Work with your consultant to set goals which are consistent with your accreditation workbooks. Some examples of goals are:

- Family Coming to the day home
- Adding toys or materials to your day home
- Natural materials and Loose Parts
- Positive interactions (developing self help skills with children)

**Core Training:
Sessions are
repeated every 6
months**

Communication	Jan 22
Program Planning	Feb 12
Standards	Feb 26
Location:	7:00 - 3058—106 Street 9:00PM

Professional Development

As a new year begins we continue to promote life long learning. Start researching different workshops in the Edmonton and surrounding area. Keep an eye out for conferences as well. One way to attend workshops would be carpooling and discussing upcoming training with your peers.

Accreditation standards link:

<https://www.alberta.ca/alberta-child-care-accreditation.aspx>

Flight framework:

<https://flightframework.ca/downloads/Flight%20Framework%20Document%20F.pdf>

New Educators

We would like to welcome new educators to the agency.

- * Yohanna Fessehaye in Montrose
- * Indira Barua in Orchards
- * Shirley Paulson in Beaumont.

Check out Pinterest Page:

Southgate medallion family day homes.

<https://www.pinterest.ca/93c10bd05bc7bb7f3110595647b70c/>



Attendance Records– Email

Please email your completed attendance records to your consultant once the last child has left on

Friday January 31

Please ensure **all information is complete, accurate, and clear. Late/incomplete fees will apply**

Outdoor and Risky Play

“All children both need and want to take risks... Children would never learn to walk, climb stairs or ride a bicycle unless they were strongly motivated to respond to challenges involving a risk of injury.”

The Play Safety Forum (2002)

Is Outdoor Play important?

Standard 4 (*Family Day Home Provider Accommodations*) and Standard 7 (*Child Care Program*) of the Family Day Home Standards for Alberta highlight the importance of providing and planning for outdoor play opportunities.



Being outside is beneficial for the overall, holistic development of children. A stimulating and well-planned outdoor experience offers children the chance to be loud, physical, enjoy fresh air and explore learning through natural materials. *What you can do inside your day home, you can also do outside* – this includes art, reading, music, sensory, math...the list is endless. An outdoor environment also offers children time to explore and engage in risky play.

What is Risky Play?

Risk taking and risk assessing are important, essential life-skills which should be promoted within a child's learning environment.

An outdoor environment will provide the opportunity for children to take risks. Logs that are not slippery during the dry summer months, will provide a slippery surface for a child to attempt to balance on during wetter weather. Trees may prove tempting for children to want to climb. All these conditions provide a child with the opportunity to develop their risk assessing skills, take risks and learn from the reasonable accidents that may possibly occur.

Experiences in the outdoors can often inspire a child to problem solve and risk-assess.

What is my role as an Educator when me and the children are outside?

Model, scaffold, be active and build moments of meaning alongside the children.

Plan your outdoor play time in the same way as you do when you are inside – observe the children and use their interests as a springboard to create valuable learning moments outside.

Wear appropriate clothing such as rain/snow pants.

Time to explore in the outdoors is one of the best ways you can promote an appreciation of nature.

How do I make risky play safe?

Steps to making a risk assessment:

- Look for any hazards
- Think about who might be harmed
- Think about how they might be harmed
- What can you do to reduce the risk?
- What boundaries can you give the children to reduce the risk?

Outdoor time is great for everyone – *you and the children in your care.*



Don't use the weather as an excuse not to get out. It is still acceptable to go outside any time of the year as long as temperatures are above -20 (with wind-chill). *Adjust the time you are outside accordingly.*

Don't forget that getting ready to go outside is also a *learning experience* for the children. **Plan this transition time** with songs and games.

REMEMBER: “THERE'S NO SUCH THING AS BAD WEATHER, JUST INAPPROPRIATE CLOTHING”

References: Play Safety Forum (2002) *Managing Risk in Play Provision: A Position Statement*. London, Children's Play Council

Diane's Corner

At the January Vision 2020 workshop we are going to answer questions submitted by email to Diane. Send your questions to Diane at

diane@sgmfdh.com

The most common question will be answered in the workshop. Less common questions will be answered in the upcoming newsletter.

Some questions could be "When will Diane visit me?" or "What changes are coming to the agency?"

Share Your Resources

Meet nearby Educators and share toys, resources with one another. As children get bored with the toys in your day home, it is a good way to rotate toys and keep children engaged. It also gives you the opportunity to socialise.

Accreditation standard for review

Standard 1: Positive, supportive relationships and enriched physical and emotional environments foster children's well-being and development.

Childcare programs promote and nurture children's positive sense of self and belonging through supportive relationships and secure emotional attachments.

Develop self-awareness and feelings of belonging

- Engage with children in small-group and one-on-one interactions.
- Help children develop a sense of self by recognizing their unique qualities and backgrounds.
- Support children in exploration of their individual interests, strengths, and emerging skills.
- Provide opportunities for children to demonstrate their independence.

Develop positive relationships to form secure emotional attachments

- e. Acknowledge children who recognize the skills, accomplishments, and contributions of peers.
- f. Communicate warmth and acceptance through verbal and non-verbal reassuring behaviours.
- g. Respond to children's needs and cues in an appropriate, timely, caring, and consistent manner.

Reviewing Standards of Care

Standard 2: Children's Information Records

Provider maintains updates to children's information record (i.e., attendance sheets, new health information, etc.) for no longer than one month. Providers must send the agency all updates to the children's information records within 5 working days after the last working day of the previous month. Records are available to parents and are available to the CFS contract manager or designate at all times. (See Appendix A)

Standard 3: Portable Emergency Records

Provider maintains complete records for each child in care which are taken on all outings. Records include:

- o child's name and date of birth;
- o parent's name, home address, home and work telephone numbers;
- o emergency contact name /telephone number; and
- o relevant health information including immunization status and medical conditions.

Standard 4A: Family Day Home Provider - Residence

The residence is in good repair. Space must be adequate to accommodate the following:

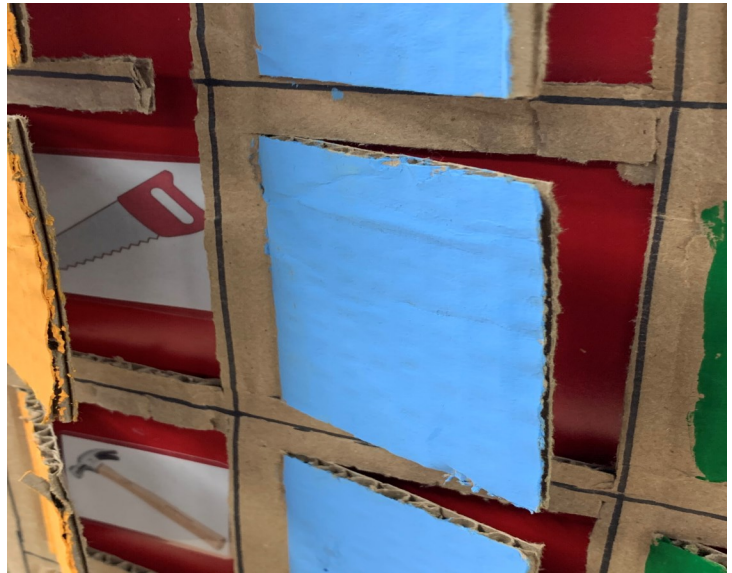
- o windows in every room used by the children;
- o adequate ventilation;
- o clean, comfortable surroundings; and
- o sufficient space for developmental activities of children in care.

Refer: Family day home standards manual.

Share Your Practice

One of the way to use recycled materials in your day home is to create a memory game with cardboard box.

This will help children in remembering things and will develop their memory skills.



Lindy created the holes in container lids to help children work on their fine motor skills.



What children learned: Children worked on their hand strength by mixing, scooping, filling and carrying their buckets. Gross Motor skills by moving on uneven surface to build their balance and core strength. Fine motor skills by using both hands together to fill their buckets, using a shovel to scoop the snow in and crossing midline of their body to reach of items they needed. They built on their social skills by playing and interacting with their peers and their language skills by learning basic concepts of "soft", "hard", "wet" and "cold "

Curriculum Connections & Reflections With this activity children were:

-Playing: children played with different textures, such as "soft" snow and "rough" sand. They were able to interact with natural elements to learn these concepts through play.

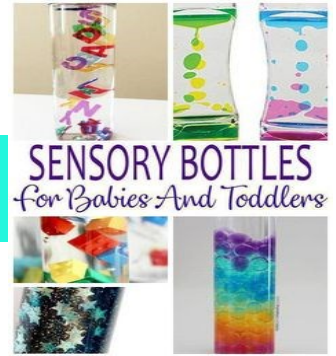
-Persisting: children repeatedly mixed snow and sand together to create something new. They continued to create and build with these textures throughout their play experience.

-Participating: children participated in this outdoor activity by using the materials in their environment (snow, sand, bucket, and shovel) to mix materials together, build hills and castles and play together in a natural environment.

Next I can: Add more material that is soft or hard to help learn this concept. I could perhaps add something of a different temperature to learn the difference between hot and cold and provide more tools to interact with the outdoor space. I could also hide items in the snow and talk about them as the children find them.



Flow Chart



Gross Motor

Rolling down the hill
Trian box races
Rolling basketball

Art and Craft

Rolling pin art with bubble wrap
Use a Lazy Susan to make circles.

Math

Bolts with numbers
Counting the tires on cars

Song and Finger Play

Make Dancing Ribbons
Ballroom Twist

Rotating



Science

Tornado in a Jar
Stirring and mixing color water

Language and Literacy

Round and Round the Garden
Make a Wheels on the Bus Book



Dramatic Play

Ring around the Rosy
Train robbers and cops

Multicultural

Spinning the Globe-
Where will I Land today

Special Events

Tire Spinning Day

Sensory

Sensory Bottles (Orbeez, water glitter)

References

Elliemoon.typepad.com
Messforless.com

