

**Southgate Medallion
Family Day Homes**

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Southgate Medallion
FAMILY DAY HOMES

Tribute

for the Parents

July/August 2011

**Announcements
and
Upcoming Events**

**Office will be closed
Friday, July 1st
Canada Day**



**And
Monday, August 1st
Heritage Day**

Please inform the office of any changes to your direct withdrawal amount 5 business days before the end of the month so we can ensure the correct amount is withdrawn.

When terminating child care, please give your provider 2 weeks notice.

**Interactive
Newsletter**

Parental input is welcome. Please send your information, questions, comments, topic ideas, workshop ideas and day home stories to:
jcyre@southgatemedallion.com

Little Warriors Workshop



Parents are invited to attend.
Wednesday, July 27, 2011

6:30-9:30 pm

Mayfield Community League
10941 161 Street

The workshop gives you tools and resources to help prevent child sexual abuse

Call the agency to register. Fee: \$15.00 per person

Accreditation Report

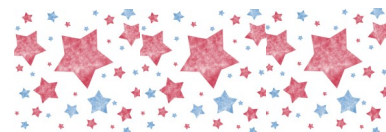
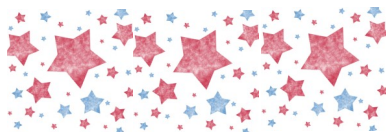
The news arrived that **we passed the accreditation requirements**. This is great news and confirms we are on the right track towards improving and enhancing child care. Consultants and Providers continue to work together to implement better ways to plan activities, document learning and make your child's day fun and productive.

Part of the accreditation process was the **Family Survey**. About 30% of the parents participated in the survey. The results helped us create our Quality Enhancement Plan for the next 3 years. Some results are:

1. Many parents (41%) noted they did not have opportunity to "voice my opinions about policies and procedures that affect me and my children."
2. 76% strongly agreed they were satisfied the care their child was receiving.

We are working on a way to have newsletters and notices emailed to parents. Look for this in the coming months. All policy changes will now be sent to a number of parents for review. If you would like to be a member of a Parent Advisory Board please give the Coordinator a call.

Workshops will be open to parents and noted in the newsletter. We will continue to mail out the Nipissing District Developmental Checklist to parents at the birthdates of their children. Let us know if there are other ways we can assist you in your child care. All contacts with the parents are noted and any concerns are followed up on. We appreciate hearing from you at any time.



Toilet Teaching

Most children must be **2 1/2 years old** before they are physically ready for toilet teaching. Even then, they also need to be **self-motivated**. Parents and providers need to **work as a team** through this important developmental milestone. The following are signs that a toddler is ready:

- Child stays dry for several hours or through the night
- Child has bowel movements at fairly predictable times
- Child tells you when urinating or having a bowel movement
- Child can pull down loose fitting pants
- Child can follow simple directions
- Child doesn't like to be in wet or soiled diapers
- Child can say a word to indicate he/she needs to use the toilet
- Child shows interest in using the potty or other people using the toilet



Prepare for toilet teaching by helping your child recognize when he/she is urinating or having a bowel movement. Teach your child the words you would like him/her to use when they are "going". When you have to use the toilet, interrupt your own activities to tell the child know you are going to use the washroom. This teaches the child to do the same and develops the thinking process required.

Starting "To Go"

For children, using the toilet is a complex task. Break down the steps into simple instructions that you can progress through over weeks.

- Show child potty and explain how the child will be using it soon
- Let the child know you will be there to help
- Empty soiled diapers into toilet and flush so child can see that this is where bowel movements are supposed to go

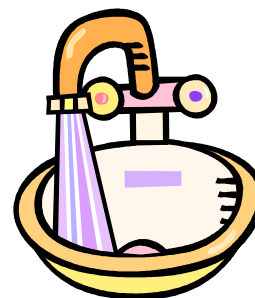
Wait for signs that your child is about to go. Make simple statements such as "Let's get you to the bathroom" or "Looks like you need to go to the bathroom" or simply, "Bathroom?"

In the Bathroom

- Use a sturdy potty to begin that does not tip.
- Child should feel safe and comfortable with feet on the floor.
- The child has control of getting on/off the potty.
- Show the child his/her results afterward.

If using a toilet with a potty seat:

- Seat should fit toilet snugly so the child is not fearful of falling off or in the toilet.
- Use a step stool to get up to the toilet. Child's feet should touch the step stool for security.
- Child (not adult) should flush the toilet once he/she has climbed off the toilet.
- Teach child to wipe their bottom from front to back.



Strategies for Success

Take bathroom breaks before going out, after nap, after eating, first thing in the morning and before bed.

Do not use pull-ups. A child needs to feel the sensation of being wet or soiled to learn.

Run tap water to signal the brain and bladder to release.

Stay calm , positive and extremely patient. Children will learn in their own way, at their own time. Do not set deadlines.

Children will still have accidents. Reassure your child he/she is loved and supported. A calm matter-of-fact approach will get the child back on track quickly.

